Top 10 Easy Green Steps

___ Set your thermostat up one degree in the summer and down one degree in the winter from your usual setting

___ Shut the water off while brushing your teeth

___ Reduce average driving speed by 5 mph

___ Use safe, reusable food containers, such as glass

___ Turn off lights that aren’t needed for safety or a task

___ Carpool as often as possible

___ Use economy settings on your dishwasher

___ Lower the water heater thermostat to 120 degrees

___ Wash clothes on warm and cold instead of hot

___ Recycle newspapers, cans, glass, yard waste, etc. (if recycling is not provided for your residence, ask your city or county officials to provide it)

For more info on reducing your carbon footprint, visit the Environmental Stewardship page on our church website: http://www.secondpreslr.org (located under Service in the Community).
Top 10 Semi-Easy Green Steps

__ Clean or replace air filters regularly (check your owner’s manual) so your HVAC runs more efficiently

__ Improvise with what you already have to wrap gifts, other items

__ Place a plastic milk jug filled with pebbles inside your toilet tank (to limit water use), or adjust the water use mechanism in the toilet tank

__ Bike and walk whenever you can

__ Don’t idle your car motor when unnecessary

__ Water and mow your lawn less often

__ Use a cloth dishrag instead of paper towels

__ Keep car tires properly inflated

__ Install low or adjustable flow showerheads

__ Use reusable “green” bags – enough for your normal grocery shopping trips; put the green bags in the automobile that you use when you shop for groceries (Green Bags available from Second Church Youth)

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Top 10 More Challenging Green Steps

__ Use organic fertilizers and pesticides for lawns and gardens

__ Set up online payment for your bills

__ Ask to be taken off the mailing lists for unwanted catalogs

__ Eat locally grown food

__ Replace lighting with energy-saving compact fluorescent bulbs (including outdoor lighting)

__ Minimize left turns, right turns consume less gasoline

__ Add insulation to your house (add weather stripping to windows and doors, use drapes or blinds on windows to block hot sun, reinsulate attic)

__ Plant a tree somewhere every year, or give a gift of a tree to a friend

__ Install a programmable thermostat; set it depending on when and how the house is occupied.

__ Plan your errands so you use less gasoline. Save your errands for one day and do them in a circular route.

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