

Welcome to our special Lenten Newsletter. On Ash Wednesday, March 2, our Lenten journey begins. I hope you will join us for worship. It is a period of 40 days which brings to mind other events in the Bible: wilderness wanderings, Jonah's call for repentance, and Jesus' time of testing in the wilderness. The whole church has offered Lent as a time to encourage Christians to turn inward and to focus on spiritual growth through prayer, the reading of scripture, worship and by engaging in spiritual practices. In this newsletter you

will find several opportunities for spiritual growth at Second Presbyterian. I also encourage you to set aside time in your own lives for personal devotion, prayer, Bible Study or reading a book with a focus on spirituality. I have found there are many online resources that are helpful. One of my favorites is "pray-as-you-go" which includes music, a contemplative reading of a passage and prayer. I hope and pray this season will be one where we all discover the great love God has for all of us as we will witness in the story of the Cross and Resurrection.

Jody

Jody Welker's Lenten Study Lord, Teach Us to Pray

Thursdays, March 10, 17, 24 and 31

12:00 p.m. (In-person in **Second Hall** and on Zoom by request)

7:00 p.m. (On Zoom only)

According to Luke, one day one of Jesus' disciples asked Jesus to teach them to pray. The disciple had observed Jesus was a person of deep

prayer. You read that throughout the gospels. Thanks to the question, we have the Lord's Prayer as a model prayer. Prayer, some say, is the act of being with God. Another will say, prayer is defined as a conversation with God. Both were true for Jesus.

During Lent, as Christians turn a bit inward, it is a good time to once again consider the life of prayer that is so essential in the life of a disciple. Here are the topics by the week:

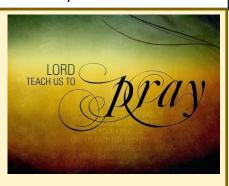
March 10: What is Prayer? What do we learn from the prayer life of Jesus? What do we learn from the prayer life of other Christians, Jews, and Muslims?

March 17: "The Lord's Prayer"- Part 1 What does the Lord's Prayer have to teach us?

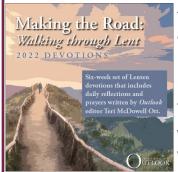
March 24[:] "The Lord's Prayer" - Part 2

March 31: Learning to pray according to your Spiritual Type- a look at what the Spiritual Typology of Corrine Ware has to teach us about prayer. We will consider 4 primary ways people connect to God through prayer. And how people grow in prayer.

Sign up by emailing Jody Welker at jodywelker@secondpreslr.org in order to receive the Zoom link. Let Jody know if you are planning to attend the morning class or the evening class.



2022 DAILY DEVOTIONS FOR LENT



These devotions are based on the Spanish poet Antonio Machado's poem, "Walker." Machado writes: "Walker, there is no road, the road is made by walking."

Machado's poem resonates because it feels as if there is no road in front of us. The soil of our well-worn Lenten path has been overturned by the pandemic. If we want to follow Christ this Lent, we'll need to prepare the way and make the road. We'll need to rethink and recreate our Lenten practices.

This six-week set of Lenten devotions includes daily reflections and prayers written by *Outlook* Editor Teri McDowell Ott. Each week we will make the road to Jerusalem through the following themes:

Walking through Lent
Walking in the wilderness
Walking in prayer
Walking with others
Walking in hope
Walking through Holy Week

How can you get them?

Printed copies will be available on a table in the Narthex beginning Sunday, February 27.

You may also receive these readings by email. If you would like to receive a weekly email (during Lent) with a PDF of the week's daily readings, please contact Jeannie Ford (jeannieford@secondprestr.org).

Second Hall Sunday School Lenten Series: March 6 – April 10

9:50 a.m. in Second Hall and on Zoom

Forgiveness: A Lenten Study By Marjorie J. Thompson

Forgiving others and humbly asking for forgiveness are central disciplines for all Christians. Lent is an appropriate time to deepen our understanding and practice of forgiveness. In six brief chapters, Marjorie Thompson, author of best-selling book *Soul Feast*, addresses six themes related to biblical examples and real-life situations.

March 6: Beginnings: A Kinship Appeal Luke 15:11-32

March 13: Self-Examination: Prelude to Forgiveness Psalms 51 and 139

March 20: Honesty: Engaging the Inner Struggle Matthew :43-48 and 7:1-6

March 27: Repentance: Getting a New Mind Luke 23:32-43

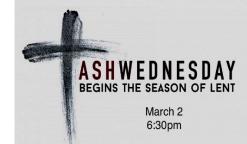
April 3: Forgiving: Embracing Freedom Matthew 18:23-35

April 10: Beginning Again: Reconciliation and Restoration Luke 7:36-47

Leaders: Alisa Secrest, Gene Levy, Randy Bear, Alan Bell, and Vernon Markham



Ash Wednesday Service March 2, 2022 6:30 p.m. Lindy Vogado, preaching



Ash Wednesday begins the season of Lent with the focus on repentance and confession as we acknowledge our

sins. On Ash Wednesday, along with the reading of Scripture and sharing of prayers, we impose ashes as the ancient symbol of repentance for those who know that we all stand together as sinners, in need of the mercy of God. We look forward to sharing this service with you.



Tread Lightly for Lent 2022 Daily reflection-action calendar

EnvironmentalStewardship
Stewardship
St

changing global climate, which translates to warmer temperatures, rising sea-levels, and severe storms, just to name a few. To turn this tide, we must commit to treading lightly on God's Earth.

In Lent, we slow down, take time, and examine our internal spiritual lives and the way we live out our Christian faith in the world around us. Our hope is that this Lenten calendar (see link below) will be the beginning of actions intended to create more mindful behaviors throughout the year.

https://www.presbyterianmission.org/resource/tread-lightly-for-lent/



Office: (501) 227-0000 Fax: (501) 227-6513

Care/Concern: (501) 227-6117

NONPROFIT ORG
U.S. POSTAGE PAID
LITTLE ROCK AR
PERMIT #1744

600 Pleasant Valley Dr. Little Rock, AR 72227

Lenten Newsletter

2022 Holy Week Events

PALM/PASSION SUNDAY WORSHIP

April 10, 8:30, 9:00 and 11:00 a.m. in the Sanctuary and Second Hall

A service remembering the last week of Jesus' life: from Celebration to Crucifixion

MAUNDY THURSDAY

April 14, 6:00 p.m. in Second Hall

A service remembering the story of the night before Jesus died. We remember the last meal he shared, the example he set for his disciples, and the words he shared that have echoed from that night to this very day.

GOOD FRIDAY TENEBRAE SERVICE

April 15 in the Sanctuary

7:00 p.m.

EASTER SUNDAY WORSHIP

April 17, 8:30, 9:00 and 11:00 a.m. in the Sanctuary and Second Hall

A service celebrating the Resurrection of Jesus Christ